

Patient Participation Group 21 November 2012

Present: Dr D Say, Marsha Raynes, Keith Emsden, Brian Daniels, Barry Winterbottom, Susan Wietscher, Liz Simmonite, Marilyn White, Jean Hirst, Sarah Wylie, Linda Bainbridge

Apologies: Charles Hazle

Welcome

The group welcomed Sarah Wylie as a new member to the group introduced by Keith Emsden.

Minutes of meeting held 17th October 2012

It was agreed that the meetings of the previous meeting were correct and no amendments to be made.

Constitution

A copy of the constitution was passed around the group and was agreed by the Chairman Brian Daniels, seconded by Vice Chair Marilyn White and agreed by the entire group. It was also decided that a treasurer was required and Barry Winterbottom offered to do this role and the group were happy to accept. This was to be added to the constitution.

Progress on promoting the Group

The group discussed the progress on promoting the group. Jean Hirst said that she had approached a large number of different people, but they all had very busy lives. Linda Bainbridge thought it was the wrong time of year to be asking people to join the group. Susan Wietscher said that she thought the group already had a good number of people attending regularly. Marsha showed the group a handout Dr Say had written to put in the Practice Booklet and she also showed the group a

prescription slip informing patients of how to join the group. Linda said that maybe it would be better to get a group of volunteers that didn't want to attend the group regularly, but would help on promotional days.

Physical activity

The group discussed the need to find out any activity groups within the area along with contact details and dates. The group were aware of walking groups, yoga and tai chi classes. Linda said that Linda Neenan at Finningley Lodge organised chair based exercises and would contact her about this. She also said she would go the village hall and see what they had to offer. It was decided that the group would do this and compile a list. Dr Say said that the group could look at the gaps as there might be groups for the more able people, but not as many for the less able and that the group could be pro active in doing something. Jean Hirst asked if anyone knew of any basic first aid training available. Dr Say told the group that the practice has annual CPR training and that maybe first aid could be offered as well for the PPG. Dr Say asked Marsha to look into this.

Care of the elderly

Dr Say told the group that the practice had:

700 patients aged 55-65

600 patients aged 65-75

250 patients aged 75-85

70 patients over 85

Linda asked what the group would be doing with the figures. Brian said that they hoped to find out their needs and improve these. Dr Say said that if these patients were encouraged to do more exercise they would

then generally be able to do more. He said that it would fit in with Dr Wallis and her physical activity and that Dr Wallis had put a bid in for physical activity to enable the practice to do more with the patients. Brian said he would contact RMBC to see what they had on offer. Marilyn said that maybe it would be nice to start with the children first and educate them for the future. Keith said that the local schools offered lots of activities during and after school and Marilyn said that the rugby club at Dinnington had lots of groups for youngsters.

News from the Practice

Dr Say told the group that the pharmacy application had been passed and that work on the site should start in the New Year. He also told the group that Dr Reid would be returning in the New Year, but had concerns that patients would want to offer their sympathy within his clinic. He said that although Dr Reid was extremely grateful at the support that patients had given him he hoped they would understand that he would not want to discuss this in clinic. Dr Say wondered if it would appear rude to either display or give handouts to patients explaining this. The group thought this was acceptable and that maybe the receptionist could explain this to the patients when booking his appointments.

A.O.B.

Keith Emsden told the group he had found a list on the NHS site of promotional/awareness weeks and that he maybe they could do some promotional work on some of them.

Next meeting

January 2013